

Alcoholics Anonymous Area E Annual General Meeting

Saturday 13th February 2021 12:30pm

Forestville Community Hall, 28 Melwood Ave, Forestville

Attendance and Apologies

Apologies: Lee S, Laura B,

GSRs Present:

Andrew S	Alternate GSR	RtR North Sydney PM	Present
Amanda	GSR	Seaforth Tue PM	Present
Pam	(Exiting as GSR)	Seaforth Tue PM	Present
Trevor H	Area Chair	Lane Cove Mon PM	Present
Jenny	Area Secretary / GSR	RtR Kirribilli Fri PM	Present
Rosemary	Area Treasurer	RtR North Syd Tue PM	Present
Paula	GSR	Northern Beaches Breakfast Zoom	Present
John B	Area Public Information Coordinator	Seaforth Tue PM	Present
Elizabeth	GSR	Northern Beaches Breakfast Zoomers	Present
Bob R	GSR	Cromer Men's Group Tue pm	Present
Lawrence	GSR	Epping Monday PM	Present
Lachlan	GSR	Cromer Men's Meeting Tuesday 7:30	Present
John D	GSR	Narrenburn Sun AM	Present
Steve	GSR		Present
Tiane	Alternate GSR	Manly Sun AM	Present
Martin		RtR Kirribilli Fri PM	Present
Martita		RtR Kirribilli Fri PM	Present
Wendy			Present

Open Meeting: 12:30pm
Chair: Trevor (Minutes by Jenny)
Attendance: 17 Present
12 Traditions Read By: Paula

Reports:

- Delegate / Alternate Delegate – Lee sends his apologies
- PI & CPC Coordinator – Presented by John as per written report below
- Treasurer – Presented by Rosemary as per written report below
- Secretary – Presented by Jenny as per written report below
- Webservant
- Group Liaison – Laura sends her apologies
- Chair – Presented by Trevor as per written report below

Election of positions:

- Delegate / Alternate Delegate - Lee as Delegate, Alternate Delegate position is open
- Treasurer – Rosemary nominated Marita. Marita is nominated
- Secretary – Amanda. Amanda is nominated
- Webservant – Martin is nominated
- Chairperson / Alternate Chairperson – Trevor nominated Andrew as Chairperson, Bob as alternate Chairperson

Continuing roles:

- PI & CPC Coordinator - John
- Group Liaison - Laura

Call for GSRs and volunteers for PI & CPC Activity

Confirm next meeting(s): First meeting, Monday 8th March, 7:30pm Zoom or face-to-face?

Close meeting with “we” version of Serenity Prayer

AGM - 13 February 2021 - Area E Committee Reports (in no particular order)

Role	Area E Chairperson
Name	Trevor H
Date	12-Feb-2021
Report	<p>I don't think I need to comment here on what a year it's been: COVID-19, Zoom, Lockdowns, easing—returning—easing again NSW Health Restrictions. Through it all, we do our best and we find that we adapt to the “new normal” whether it be temporary or otherwise. I thank the God of my understanding for my sobriety today, having been restored to sanity and knowing that there's nothing happening in my life today that couldn't be made significantly worse by alcoholic drinking.</p> <p>We put some things on hold for a time, and others that weren't officially on hold seem to have been moving forward slowly.</p> <p>Our achievements as a group over the past year include the following:</p> <ul style="list-style-type: none"> * Maintaining the cycle of monthly meetings in Zoom * List of 12th-step call numbers for Diverter volunteers * Combined Assembly with NSCSO in December to connect GSRs to information about Service activity and available Service Positions * Exploration of advertising options for Sean's young-persons videos <p>The videos had their basis in last year's “Carrying the Message in Area E” workshop and are a fantastic example of an individual acting as the driving force behind making something happen. I'll borrow some words attributed to Steve Jobs: “The ones who are crazy enough to think that they can change the world are the ones who do”. In our case, the ones who are willing and then take committed action after committed action to make a difference are the ones who do. Thank you to Sean for taking all of those actions to make something happen and thanks as well to all his collaborators and contributors.</p> <p>It has been a great pleasure to serve as Chairperson for the past 2.75 years. I was conscripted into the role and it has been a great opportunity to practice putting in the actions or making proposals, deferring to the group decision, and leaving the results to the God of my understanding. Then to practice putting in some more actions... (repeat)</p> <p>Thank you so much to all of you (Committee, GSRs, Members) who have enriched my experience with your leadership, action, contribution, and participation. I won't stroke your egos by singling you out for individual praise here. Everything good that's happened at Area E has involved working with others; thank you for my turn as a link in the chain of General Service.</p>

Role	Area E Secretary
Name	Jenny
Date	
Report	<p>It has been a pleasure to serve as secretary for the past 2 years. Thank you for the opportunity to be of service at the Area level. It cannot be said better than Trevor above.... “Thank you so much to all of you (Committee, GSRs, Members) who have enriched my experience with your leadership, action, contribution, and participation.”</p> <p>Our monthly meetings have been a constant in the past uncertain year and I am grateful to you all, to see the same faces each month.</p> <p>I am fortunate that I get to continue to participate as a GSR for another year. To those of you that are leaving the Committee I will miss you and wish you all the best.</p>

Role	Area E Public Information & Co-Operation with the Professional Community Coordinator
Name	John B
Date	
Report	<p>In January 2020, a well-attended AA Workshop was held at Forestville. From the discussions, many suggestions for PI & CPC activities that could be undertaken in Northern Sydney were made. I have sought to summarise the categories below:</p> <p>Carrying the message to the suffering alcoholic</p> <ul style="list-style-type: none"> Develop a Social Media Strategy and undertake targeted campaigns Distribution of AA material in Secondary and Tertiary education and Vocational Training sites e.g. Videos for school groups on social media Engaging with professionals in the community, including students in relevant university courses e.g. medicine, nursing Start a H&I meeting at Northern Beaches Hospital Connect with Dry July Step visits/calls to the suffering alcoholic who calls the AA Helpline Pi & CPC days PI & CPC positions for Groups and Area : identify responsibilities and develop job descriptions <p>Advertising:</p> <ul style="list-style-type: none"> Video for digital advertising Cinemas + upload current adds to YouTube Newspapers Radio Social Media <p>Distribution of AA material:</p> <ul style="list-style-type: none"> Community Noticeboards, Letter box drops generally Doctors, Chemists, Hospitals, Ambulance Stations Centrelink, Welfare agencies Shopping Malls, Hotels and Clubs, Sporting clubs <p>Covid-19 has disrupted the lives of many members and their ability to undertake service activities. Below is a summary of service activities addressed and undertaken:</p> <p>With the closure of cinemas, inquiries were undertaken to advertise in the community newspapers. Shortly thereafter, publishing of these community newspapers in Northern Sydney was cancelled. Inquiries were then directed to an evaluation of the digital editions. The information obtained then led to discussion of social media options and how to address the issues identified and anonymity concerns. The outcome to date is that a lot of information has been looked at but no decision has been made to progress this matter.</p> <p>The Office Manager of the Northern Sydney Central Service Office, located at St Ives, will be providing a detailed report of the Video project work undertaken. Thanks to the efforts and contributions to members; 2 Videos of young members have been completed and an initial cut of a short video made for digital advertising.</p> <p>There is an opportunity for Groups and members to participate in PI & CPC activities, particularly in relation to the distribution of AA material. Discussion with members in relation to engaging in these activities and attracting wider in this service opportunity during 2021 are ongoing. Thank you to all the members who have assisted in last year's PI & CPC activities</p> <p>Below are some excerpts from the publication of <i>ALCOHOLICS ANONYMOUS Comes of Age</i> relating to service:</p> <p style="text-align: center;">THE THREE LEGACIES OF ALCOHOLICS ANONYMOUS¹</p> <p>The chief inheritances of the first twenty years of Alcoholics Anonymous are the Legacies of Recovery, of Unity and of Service. By the first we recover from alcoholism; by the second we stay together in unity; and</p>

by the third our society functions and serves its primary purpose of carrying the AA message to all who need it and want it,

THE A.A. PRINCIPLES OF SERVICE¹¹

(As expressed in the Twelve Traditions and Twelve Steps)

[Tradition Five] Each A.A. group has but one primary purpose – to carry its message to the alcoholic who still suffers.

[Excerpt from Tradition Seven] Every A.A. group ought to be fully self-supporting.

[Excerpt from Tradition Eight] Alcoholics Anonymous should remain forever nonprofessional.

[Tradition Nine] A.A. as such ought never be organised, but we may create service boards or committees directly responsible to those they serve.

[Excerpt from Tradition Two] Our leaders are but trusted servants; they do not govern.

[Excerpt from Step 12] We try to carry this message to alcoholics, and to practice these principles in all our affairs.

Note: The traditional principles of A.A. service above have been amplified by Bill W. and made part of The A.A. Service Manual and Twelve Concepts for World Service.

[Excerpt from page 140]

Regarding any particular service, we need to ask only one question: “is this or that service actually needed?” If it is not, then let it be eliminated. But if it is needed, then maintain it we must or fail in our mission to those who want and seek A.A.

Role Name	Area E Treasurer		
	Rosemary P		
Date	12/02/2021		
Report	Description	Date	Amount
	Opening balance	05/02/2020	10,427.61
	GSC quarterly levy	01/04/2020	-800.00
	NSCSO 50/40/10 plan Q1	16/04/2020	+706.35
	Jan PI Forum Flyer printing - Anna S	27/05/2020	-100.00
	Area E GSC Levy	01/07/2020	-800.00
	NSCSO 50/40/10 plan Q2	14/07/2020	+1,314.67
	GSC quarterly levy	01/10/2020	-800
	Avalon Noon Donation	01/10/2020	+500
	NSCSO 50/40/10 plan Q3	09/10/2020	+857.75
	Area E GSC Levy	04/01/2021	-800.00
	NSCSO 50/40/10 plan Q4	22/01/2021	+702.11
	AGM room booking hire	27/01/2021	-74.40
	Closing balance	11/02/2021	+11,134.09
	Area GSC Levies	-\$2,400.00	
NSCSO donations	+\$2,878.77		
Avalon donation	+\$500.00		
Costs	-\$174.40		
Net result	+\$804.37		

13th February 2021 - GSR Reports (in no particular order)

Group	Cromer Men's Meeting, Tuesday 7.30 pm
GSR	Bob R.
Members Approx	35
Attendance Approx	25
Last Group Conscience	16/2/2021
Rehab Clients Visiting	0
Key Highlights	Group face to face and on Zoom (audio only) or phone. Mens' Campout fully booked out for March 5,6,7 at Treachery Camp. New members welcomed.

Group	Manly Sun 8 AM
GSR	Tiane
Members Approx	15
Attendance Approx	30
Last Group Conscience	10/1/21
Rehab Clients Visiting	Yes (mainly from SPP)
Key Highlights	

Group	Seaforth Tue 7 PM
GSR	Amanda K
Members Approx	18
Attendance Approx	33
Last Group Conscience	27oct 2020
Rehab Clients Visiting	0
Key Highlights	Group conscience end feb. Attendance up and sustaining so.

Group	<u>North Sydney Mon 730pm</u>
GSR	Brad T.
Members Approx	8
Attendance Approx	20
Last Group Conscience	December
Rehab Clients Visiting	Several
Key Highlights	<u>Group is in a growth phase</u>