

Alcoholics Anonymous Area E Mini Assembly

Minutes of Meeting: Monday 01st June 2020 @ 7:30 PM

Trevor H	Area Chair	Lane Cove Mon PM	Present
Jenny	Area Secretary / GSR	RtR Kirribilli Fri PM	Present
Anna S	Area Delegate	Dee Why Thu PM	Apology
Lee S	Area Delegate Alternate	Dee Why Curl Curl Bfast	Present
Rosemary	Area Treasurer	RtR North Syd Tue PM	Present
Laura	Area Group Liaison / GSR	Cremorne 1pm Friday	MIA
Andrew I	Area Webmaster	RtR North Syd Tue PM	MIA
John B	Area Public Information Coordinator	Seaforth Tue PM	Apology
Andrew S	Alternate GSR	RtR North Sydney PM	MIA
Pam	GSR	Seaforth Tue PM	Present
Chris C	GSR	Manly Sun AM	MIA
Paul G	GSR	Mona Vale Sun AM	MIA
Matt	GSR	Frenches Forest Monday PM	MIA
Anna	GSR	Nareburn Fri PM	MIA
Paul	GSR	Harbord Saturday PM	MIA
Amy	GSR	Nareburn Sun AM	Present
Matt	GSR	Cromer Men's Group Tue pm	MIA
Steven	GSR	Mona Vale Sun AM	MIA
Nicholas	GSR	Not Sure	MIA
Paula	GSR	Comer Monday PM	Present
Lawrence	GSR	Epping Monday PM	Apology
Lachlan	Alternate GSR	Cromer Men's Meeting Tuesday 7:30	MIA
Sean	GSR	Forestville Sat 6pm	Present
Nichola	GSR	Cremorne Monday 1pm	Present

Meeting Open: 07:30pm
Chair: Trevor (Minutes by Jenny)
Attendance: 9 Present
12 Traditions Read By: Nichola
Previous Minutes: Accepted

Action Items:

Action Item	Description	Owner	Due	Status
Standing Item	Combining CSO and Area E assembly. - Joint meeting on hold until can have face to face	Trevor	2020	In Progress
Standing Item	Area E PI: Short Video High School / Face Book pages - Sean H has done storyboard. - Getting quote to NSCSO to possibly finance otherwise Area E will look to fund - 01/06 Trevor advised Anna says this is under way	John	2020	In Progress
Standing Item	Area E PI: Digital Advertising - John reported there are many options for a Northern Sydney 60 Day campaign. - Trevor shall obtain info from Lachlan B and ask David if he is interested in carrying forward possibly with assistance from Andrew S - 01/06 Trevor advised likely not progressing without a champion to carry the project forward (volunteers??)	Trevor	2020	In Progress
Standing Item	Area E PI: Social Media - Could be static images or Video - Steve and Andrew S to develop a brief in order to get a proposal from their respective agency contacts. - Amy shall send ideas she has obtained to Andrew - 01/06 Andrew most interested in local focus and direct to NSCSO new landing page - 01/06 Sean volunteered to assist. Trevor shall get him in contact with Andrew	Andrew & Sean	2020	In Progress

Standing Item	Area E PI: Other <ul style="list-style-type: none"> - Trevor encouraged anyone interested in championing any of the other ideas to go ahead and that funding may be available - An Example is Investigate opportunity for AA videos to be placed on TV monitors in professional waiting rooms 	Trevor	2020	In Progress
New Item	Area E PI: Group Participation <ul style="list-style-type: none"> - John / Laura encourage group participation in local PI/CPC activity namely distributing literature to Centrelink Offices, Police Stations - 01/06 Nichola offered to assist Laura, Trevor will get her in contact with Laura 	Laura	2020	In Progress
Standing Item	NSCSO wanting volunteer numbers for Newcomers <ul style="list-style-type: none"> - Rosemary to draft email. Trevor to confirm. Jenny to send - 01/06 approx. 20 responses. Trevor will pass to NSCSO 	Trevor	02/07	Complete
Standing Item	Returning to Face to Face meetings <ul style="list-style-type: none"> - Follow Guidelines - Rosemary suggested both online and face to face worked in her home group. - Perhaps have members use Covid Safe App 	Trevor	02/07	In Progress
01/06	Area E Position description document <ul style="list-style-type: none"> - Trevor will get uploaded to google docs - All are encouraged to help add to the doc to get completed 	Trevor	02/07	In Progress

Meeting close: 08:21pm

Next meeting: Mini Assembly on Tuesday 07th July 7:30pm.

Join Zoom Meeting

ID: 778 965 283.

Password: email to webmaster@areaeeraa.info

01 June 2020 - GSR Reports (in no particular order)

Group	Seaforth Tue 7 PM
GSR	Pam W
Members Approx	16
Attendance Approx	30
Last Group Conscience	19/05/2020
Rehab Clients Visiting	N/A
Key Highlights	<p>Zoom is running well and we have had no issues, with possibly more in attendance than would be face to face without SPP Rehab Bus attending.</p> <p>With restrictions starting to ease we have had discussions about the timing of when Seaforth may reopen face to face meetings. John B has been looking into this on behalf of our Members and will be guided by AA General Service Office, NSW Government Health and the Church for where we hold our Meeting. John B will then bring back to our Members to discuss at a Group Conscience.</p>

Group	RtR Kirribilli Fri and North Sydney Tue PM
GSR	Jenny MR
Members Approx	20
Attendance Approx	35-60
Last Group Conscience	20 March
Rehab Clients Visiting	yes a few rehabs visiting
Key Highlights	

Group	Lane Cove Mon PM Step Study
GSR	Trevor
Members Approx	12
Attendance Approx	18
Last Group Conscience	tonight (1-June)
Rehab Clients Visiting	N/A
Key Highlights	Closed Zoom meeting. Please contact me if you would like to attend and I'll send instructions and let the host know.

Group	Gordon Womans Group Tuesday 10:30am
GSR	Jenny MR
Members Approx	10
Attendance Approx	35
Last Group Conscience	
Rehab Clients Visiting	
Key Highlights	Zoom going well

Group	Saturday Forestville 6pm The Great Reality
GSR	Sean M
Members Approx	10
Attendance Approx	15-20
Last Group Conscience	28th april
Rehab Clients Visiting	none
Key Highlights	strong members carrying the message

Group	Cromer Monday Womens
GSR	paula l-g
Members Approx	8
Attendance Approx	30+
Last Group Conscience	25/5/20
Rehab Clients Visiting	occasionally 6
Key Highlights	

Group	Cremorne Monday 1pm
GSR	Nichola S
Members Approx	8
Attendance Approx	25-45
Last Group Conscience	11th May 2020
Rehab Clients Visiting	not sure on Zoom
Key Highlights	overseas visitors zooming in , strong committee

01 June 2020 - Area E Committee Reports (in no particular order)

Role	Area E Chairperson
Name	Trevor H
Date	01/06/2020
Report	<p>I think it's important to recognise that some of us will have been very affected by these trying times and some of us haven't been overly affected; for all of us the general uncertainty can be very wearing. A modicum of extra self-care and the maintenance of a fit spiritual condition (with focus on helping others) will likely help.</p> <p>I know that I have to work extra-hard at using the tools to return to a tolerant and patient state of mind; under extra stress I drift into reactive states and so I'm on guard for it as best I can be. I have found that one-on-one communication with members has been invaluable in supporting a sense of connection and grounding.</p> <p>As we move forward with some our groups opening up in-person meetings again, we are mindful that there are extra requirements to comply with. Some groups may adopt a hybrid format with both online and in-person options, while others may continue in the online format. GSO has released 2 letters recently offering guidance about complying with state and venue restrictions. As a community, we can support each other in navigating the next period -- please reach out.</p>

Role	Area E Delegate
Name	Anna S
Date	1/06/2020
Report	<ol style="list-style-type: none"> 1. The National Convention is going ahead, but in a virtual mode. The member of the organising committee asked for video recordings of indigenous speakers. 2. Easter Region Forum to be held in September by Area B (Canberra) is asking for contributions: ideas, workshop, speakers. 3. Area B is celebrating Founders Day on 8th June from 7am (meditation) till 5.30 pm. Virtual attendance, all welcome. Link should be available from the service website. 4. 27th August Correctional Facilitates Forum, info should be on service website

Role	Area E Public Information & Co-Operation with the Professional Community Coordinator
Name	John B
Date	1 June 2020
Report	<p>Current combined offices of Centrelink and Medicare in Area E are Brookvale, Castle Hill and Hornsby. Suggest initial focus is on these three offices. After that, evaluate opportunities for the five Medicare offices.</p> <p>Spoke to Linda, NSCSO H&I coordinator of H&I Roster Coordinators. Two have PI literature provided and Linda is making inquiries of position for other institutions</p> <p>Information obtained of previous PI work for police stations and suggest this is looked at after Centrelink and Medicare project</p> <p>Distribution of letter to doctors delivered personally either by groups or members being looked at with relaxation of movement restraints</p> <p>Sean's update on short video for high school project has been forwarded to Trevor H</p> <p>For the Area Committees consideration: Should groups and members undertaking PI&CPC activities be provided with an opportunity to report on the service work?</p>

Role	Area E Secretary
Name	Jenny
Date	07/05/2020
Report	Minutes from the last meeting done, Reports rolled over.

Role	Area E Treasurer								
Name	Rosemary P								
Date	01/06/2020								
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