

NSCSO, 177 Rosedale Rd, cnr Mona Vale Rd, St Ives NSW 2075

Attendance: Anna (Chair), Janine (Treasurer) Bob (NSCSO liaison) for Cromer and Collaroy Meditation, Amanda (Interim Secretary)

Apologies: Tiane, Andrew S, Annabelle, Rich, Bec (Collaroy Meditation)

Open Meeting

Read the Twelve Traditions: read by Janine

Receive and accept the previous Minutes: Moved Anna, Bob seconded

Roles to Fill:

- **PI & CPC Coordinator**
- **Webmaster**
- **Group Liaison Officer**

Call for GSRs and volunteers for PI & CPC Activity

AGENDA for meeting on 25 April 2023

Action Item	Description	Owner	Due	Status
New	Amanda K will serve as Interim Secretary until role resolved.	Anna	2023	complete
Ongoing	New GSR Roll Call: All 2023 active GSRs email contact details to areaedocs@gmail.com	Secretary	2023	Ongoing
Ongoing	NSCSO Area E Liaison Report: <ul style="list-style-type: none"> ● Important to get Conference Topic form to local meetings. ● NSCSO website is going to be updated. ● Getting new NSCSO office computer. ● Advertising for AA is continuing in public rotating billboards. ● NSCSO looking for new Treasurer. It is a 1 year term. ● NSCSO looking for female Trustee that has 10+ years sobriety. It is a 3 year term. ● Jenny to consult with Area E chair for future collaboration. 	Bob R	2023	ongoing
Ongoing	Finalise discussion on Alternate Meeting Nights Monday to Friday. <ul style="list-style-type: none"> ● Friday is a bad night. ● Traditionally for last 5 years the alternation has been Monday to Thursday. Friday night has not been a meeting night for 5 years because people did not come. ● It is recommended to elect an Alternate GSR for evenings an Active GSR cannot 	Anna	2023	ongoing
OR	Draft dates proposed with Monday to Thursday only	Anna	2023	New

Meetings M - Th only	<ul style="list-style-type: none"> ● July to November meeting schedule has been unanimously accepted ● Monday 24 July ● Tuesday 26 August ● Wednesday 27 September ● Thursday 26 October ● Monday 27 November <p>Discussion on December: Agreed to carry forward to discuss May assembly meeting. Points to consider:</p> <ul style="list-style-type: none"> ● Having the meetings on second week of each month meant all was done and dusted by holidays. ● Could we alternate the evening by a week and still facilitate having the GSR meeting after the NSCSO. ● Wednesday 20 Dec or Thursday 21 Dec, or even Wednesday 27 Dec. <ul style="list-style-type: none"> ● Programmed date: Tuesday 26 December (Boxing Day, proposal to find alternate date) 			
New Item	<p>Zoom Hybrid option status</p> <ul style="list-style-type: none"> ● Several GSRs were a reason to have Hybrid. The two GSRs who were going to be active have stepped down. So there is no current reason to run a Hybrid meeting. ● Having it gives more people alternate ways to attend. ● Technically it is difficult to run. ● Everyone is burnt out with Zoom meetings. ● Face to face interaction brings a more conducive energy to the group that is hard to reproduce on a Zoom platform. 	Secretary/ Chair	2023	
New Item	<p>Revival of Area E</p> <p>The Conference Topic Form is going to be made available in *.doc on the areaeraa.info website.</p> <ul style="list-style-type: none"> ● Discuss contacting groups for info on having group conscience ● Hopefully to rise willingness to help with flow of info to and from the Conference to raise awareness of attending Area E Assembly in September to decide on topics we recommend to Conference. ● Idea is to leave a topic form to the meetings Secretaries who have group conscience to help raise initial awareness of how a topic is submitted to Conference. ● Challenge: It's a large area from Kurringai to Sydney Bridge with about 100 meetings. ● In past, previous Committees ran the visits in districts 1 – 11 (like clusters) of meetings in the same locations. ● Are Area E GSR assembly interested in blasting these clusters in May? 	Area E Committee all active GSRs		

	<ul style="list-style-type: none"> ● Is this something that NSCSO and GSR groups can collaborate on? ● It was unanimously agreed for GSRs to visit local meetings as follows: ● Janine is taking District 5, 6 and 10 ● Bob/Bec District 1 ● Seaforth Group (Amanda/Rich) will take District 2 and 3 ● Anna is taking District 4 (Dee Why) ● District 4, 7 8, 9 and 11 still need to be assigned (contact Anna S on areaedocs@gmail.com) 			
	participating in PI&CPC activity			
New	If the Mailchimp notices are not being received, please check spam folder. Also ensure that areaedocs@gmail.com is set as a safe email.			
New Item	Run through reporting each month for new GSRs: Contact Area E Secretary for link: areaedocs@gmail.com <ul style="list-style-type: none"> ● Also included each month on Meeting Notice email 	Amanda K	2023	New
Ongoing Item	Area E GSR Final 2023 Meeting Dates <ul style="list-style-type: none"> ● Wednesday 24th May ● Thursday 22th June ● Monday 24 July ● Tuesday 26 August ● Wednesday 27 September ● Thursday 26 October ● Monday 27 November 	Not item to discuss	2023	ongoing
Ongoing	Upcoming NSCSO Meeting Dates The NSCSO Meeting dates (no Fridays): <ul style="list-style-type: none"> ● Tuesday 18 April ● Wednesday 17 May ● Thursday 16 June ● Monday 17 July ● Tuesday 15 August ● Wednesday 20 September ● Thursday 19 October ● Monday 11 November ● Tuesday 19 December ● Wednesday 17 January 	not item to discuss		

Confirm next meeting: Wednesday 24 May, 7:30 PM at NSCSO, 177 Rosedale Rd, cnr Mona Vale Rd, St Ives NSW 2075

Close meeting with “we” version of Serenity Prayer

Area E GSR Committee Reports (In no particular order)

Group	Seaforth Tue 7 PM
GSR	Rich / Alternate Amanda K
Members Approx	18
Attendance Approx	25
Last Group Conscience	4/4/23

Rehab Clients Visiting	0
Key Highlights	Seaforth Group turned 66 this year on 8/4/23. It was a bumper meeting and celebration.

Group	RtR Kirribilli Fri and North Sydney Tue PM
GSR	Andy H
Members Approx	47
Attendance Approx	50 - 60
Last Group Conscience	10/3/23
Rehab Clients Visiting	3
Key Highlights	

Role	Area E Treasurer			
Name	Janine			
Date				
Report	Transaction Desc	Date	Transaction Amount	Open / Closing Balance
	Opening balance	17/02/22		\$9,898.19
	GSCSO Quarterly Levy	1/04/22	\$800 debit	\$9,098.19
	NSCSO 50/40/10 plan	12/04/22	\$856.68 credit	\$9,954.87
	GSCSO Quarterly Levy	1/07/22	\$800 debit	\$9,154.87
	NSCSO 50/40/10 plan	11/07/22	\$770.67 credit	\$9,925.54
	GSCSO Quarterly Levy	3/09/22	\$800 debit	\$9,125.54
	NSCSO 50/40/10 plan	5/10/22	\$1,023.52 credit	\$10,149.06
	NSCSO 50/40/10 plan	10/10/22	\$1,023.52 credit	\$11,172.58
	Annual Conference Levy	31/10/22	\$500 debit	\$10,672.58
	GSCSO Levy	3/01/23	\$800 debit	\$9,872.58
	Catering - charcoal chicken	7/02/23 8/02/23	\$450 debit \$90 debit	\$9,422.58 \$9,332.58
	Catering - tea, coffee etc		\$	\$
	Catering - gluten/dairy free	8/02/23	\$137.25 debit	\$
	Hall hire for AGM			
	Total Income \$3,674.39			
	Total Expenses \$4,377.25			
	Closing balance			\$9,195.33

Role	Area E Secretary
Name	Amanda K interim
Date	24/4/23
	Ben S needs to step back so Amanda K is coming back for now.

Area E GSR Group Reports (in no particular order)

Group	Seaforth Tue 7 PM
GSR	Rich / Alternate Amanda K
Members Approx	18
Attendance Approx	25
Last Group Conscience	4/4/23
Rehab Clients Visiting	0
Key Highlights	Seaforth Group turned 66 this year on 8/4/23. It was a bumper meeting and celebration.

Group	RtR Kirribilli Fri and North Sydney Tue PM
GSR	Andy H
Members Approx	47
Attendance Approx	50 - 60
Last Group Conscience	10/3/23
Rehab Clients Visiting	3
Key Highlights	