AA Australia - Eastern Region - Area E Committee Meeting

Location: NSCSO Office, 177 Rosedale Rd, St Ives NSW 2075
Date & Time: Wednesday 28th October @ **7:00pm**

1. Attendance and Apologies

Attendance:

Grant – Chariperson
Daniel – Secretary
Chelly – Alternate Delegate
Bri – Treasurer
Susan – GSR – Crows Nest Saturday
Corey – GSR – Road to Recovery Tuesday & Friday
Gary – GSR – Curl Curl Breakfast
Steve – GSR – Hornsby Steps Wednesday
Colin – GSR – Pymble Saturday
Leigh – GSR – Warriwood Sunday

Apologies:

Aaron – PIPA
Jeremy – Registrar
Andrew – Delegate
Lawrence – GSR Epping
Morgan – GSR – Curl Curl Women's Monday
Tanya – GSR – Curl Curl Thursday
Wendy – GSR – Seaforth

2. Read Twelve Traditions

Read by all.

3. Minutes of Previous Meeting adopted as true and correct record

Corey & Chelly.

4. Action Items

Action	Who	Due	Status
Area E / NSCSO Merger working group update. Voting on the merger closes Saturday the 31st of October. 29 groups have registered. Most groups have voted. The results of the vote will be presented soon.	Chelly P		Open
Fundraising National Convention 2027 Geelong. Discuss any proposed activities / communications for Area E. This is item is kept open in-case anyone has the urge or inspiration to run any fundraising iniative.	All		Open

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5. Updates

Written and verbal updates to be tabled and discussed:

a. Area E Committee

i. Chairperson

Grant:

- It's been a quiet month.
- The only thing that comes to mind is that, there will be a handover of roles in February.
- The Chairperson, Delegate, and Alternate Delegate roles will be up for re-election

ii. Treasurer

Bri:

- See the full report below.
- A couple of donations. One from Cromer and one from NSCSO.
- Expenses to send Chelly and Aaron to the Combined Services Forum. (Some of these expenses are on last month's report)
- Very healthy balance above the prudent reserve.
- Question about donations from groups to NSCSO and how they are broken down.
  Any donations to NSCSO are distributed as follows:
  50% stays with the NSCSO
  20% gets donated to Area E
  30% gets donated to the GSO

iii. Secretary

Daniel:

- I will be emailing the list of contacts in each group in Area E that was provided by Chelly to see if we can get more engagement in the Area E mailing list.
- We currently email the mailing list twice a month, which is the limit of contact I feel is reasonable.
- If we email people too much, they will unsubscribe.
- Any other information we have to distribute will be contained in the fortnightly emails.

iv. Registrar

Jeremy:

- Absent with apologies.

v. PIPA Officer

Aaron:

- Absent with apologies.

vi. Area E Delegate

Andrew:

- Absent with apologies.

Chelly (Alt Delegate):

- Recently attended the Combined Services Forum and the Rarotonga AA & Al-Anon Outreach in the Cook Islands. (Chelly's notes on these will be posted to the Area E Website.)
- Link – AA National Combined Services Forum 2026
- Link – Rarotonga AA & Al-Anon Outreach 2026

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b. Group Service Representatives reports & updates.

Colin – Pymble Saturday

- 20-30 attendees regularly.
- Recently lost some members (moved away).
- Currently about 4 members who are running the group.
- Had a group conscience recently where we discussed the merger.

Corey – Road to Recovery Tuesday & Friday

- Had healthy attendance recently.
- Good to see new faces at meetings.
- Our service positions rotated at the last group conscience.
- A challenge is having a good handover of all our service positions.
- A topic was brought up at the gc that was confusing to the members. This was a learning for me and our streering group.
- As we have such a large group, we have an elected streering group whose purpose is to do a lot of the admin and background work before things are presented to the group in gc.

Susan – Crows Nest Saturday

- A steady group.
- Our member Steven J proposed a steps meeting held for 1 hour after the meeting. This has been very popular.
  See Appendix I.
- A triggering share prompted a suggestion about a statement before opening for shares.
  The group is still in discussion about this.

Leigh – Warriwood Sunday

- Growing membership.
- 18-20 attendees.
- Had a group conscience to discuss and vote on the merger.
- Lot's of birthday celebrations happened recently.

Gary – Curl Curl Breakfast

- 15-40 attendees.
- South Pacific Private aids in attendance with their patients.
- I'm a new GSR, and when I started, we had conference topics and merger discussions, so it was a trial by fire.
  It is nice now that it's calmed down.
- Group Consciences are very much maintenance rather than growth.

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Steve – Hornsby Wednesday

- 20-30 attendees.
- 10-15 members.
- Group Conscience held recently with 10 members to vote on the merger and the conference topics.
- We have trialled announcements being moved to the beginning of meetings as people tune out during the announcements and start conversations and the collection basket gets stuck.

6. New Topics for discussion/voting

Topic	**AGM 2027 Planning**
Detail of Topic	Area E will be hosting the AGM planned for **Saturday 13th February 2027**. Discuss activities and roles. Prepare for open Committee role elections: Chairperson, Delegate and Alternate Delegate. Christiane, the office manager of NSCSO has started the booking process for the hall in St Ives. No confirmation yet.

7. Other Matters

Important Dates

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Proposed Committee meetings and Assemblies for 2026:

Area E (7:00pm)	**NSCSO (7:00pm)**
Wednesday 28 October	Wednesday 21 October
Thursday 26 November	Thursday 19 November
Monday 28 December	Monday 21 December

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Area E Treasurer's Report

Reporting Period: 18th September 2026 – 26th October 2026

Financial Summary

Description	Date	Amount (AUD)
Opening Balance	18th September 2026	$10,453.91
Income		
Cromer Wednesday 6pm Donation	9th October 2026	$62.25
NSCSO Quarterly Contribution	13th October 2026	$1,566.52
Total Income		**$1,628.77**
Expenses		
Combined Services Forum Registration Fees x 2	25th September 2026	$367.58 (total)
Combined Services Forum Accommodation (Chelly)	7th October 2026	$285
Total Expenses		**$652.58**
Closing Balance	26th October 2026	**$11,430.10**
Prudent Reserve		**$2,230.77**
Total Available Balance		**$9,199.33**

Appendix I.

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Crows Nest group have agreed to fund another round which will start again at step 1 this Saturday coming up (Oct 31). Joining at week one is good but joining at week two is also good.

Presented by Crows Nest Saturday Mornings Meeting

AA NEW MEETING —

ACCELERATED 12-STEP PROGRAM

Based on "Back to Basics" by Wally P

A Fresh Start. A Fast Start. A Spiritual Start.

Experience the early AA method for rapid recovery!

MEETING DETAILS

Every Saturday • 9:45 AM (One-Hour Session)
Northside Baptist Church Hall
Willoughby Road, Crows Nest

ALL 12 STEPS COMPLETED IN 4 WEEKS!
Using the Back to Basics Method.

WHO SHOULD ATTEND?

- Those wanting an Accelerated 12-Step Program
- Anyone looking to Refresh the Steps
- Newcomers & Old-Timers Welcome!

WHAT TO EXPECT

- Step-by-Step Instructions
- Fellowship & Support
- One-Hour, No-Nonsense Sessions

YOU ARE NOT ALONE!

All Welcome • No Bookings Needed.

FOR MORE INFORMATION CONTACT: STEVE J Phone: 0411 140 146